



vad<sup>o</sup>hans méhlā 4 ch<sup>h</sup>ant

Wadahans, Fourth Mehl, Chhant:

Ik<sup>o</sup>oānkār satgur parsād.

One Universal Creator. By The Grace Of The True Guru:

Merai man merai man satgur parīt lagā<sup>o</sup>ī rām.

My mind, my mind - the True Guru has blessed it with the Love of Raam.

Har har har har nām merai man vasā<sup>o</sup>ī rām.

He has enshrined the Name of God, Har, Har, Har, Har, within my mind.

Har har nām merai man vasā<sup>o</sup>ī sabh<sup>h</sup> dūkh<sup>h</sup> visārahārā.

The Name of God, Har, Har, dwells within my mind; He is the Destroyer of all pain.

vadbhāgī gur darsan pā<sup>o</sup>īā dhan dhan satgurū hamārā.

By great good fortune, I have obtained the Blessed Vision of the Guru's Darshan; blessed, blessed is my True Guru.

Ū<sup>h</sup>at baithat satgur sevak jit<sup>o</sup>ī sevī<sup>o</sup>ai sānt<sup>h</sup> pā<sup>o</sup>ī.

While standing up and sitting down, I serve the True Guru; serving Him, I have found peace.

Merai man merai man satgur parīt lagā<sup>o</sup>ī. ||1||

My mind, my mind - the True Guru has blessed it with the Lord's Love. ||1||

Ha<sup>o</sup> jīvā ha<sup>o</sup> jīvā satgur dek<sup>h</sup> sarse rām.

I live, I live, and I blossom forth, beholding the True Guru.

Har nāmo har nām dri<sup>o</sup>ā<sup>o</sup>e jap har har nām vigse rām.

The Name of God, the Name of God, He has implanted within me; chanting the Name of God, Har, Har, I blossom forth.

Jap har har nām kamal pargāse har nām navañ nid<sup>h</sup> pā<sup>o</sup>ī.

Chanting the Name of God, Har, Har, the heart-lotus blossoms forth, and through the Name of the Lord, I have obtained the nine treasures.

Ha<sup>o</sup>umai rog ga<sup>o</sup>īā duk<sup>h</sup> lāthā har sahj samād<sup>h</sup> lagā<sup>o</sup>ī.

The disease of egotism has been eradicated, suffering has been eliminated, and I have entered state of God's celestial Samaadhi.

Har nām vadā<sup>o</sup>ī satgur te pā<sup>o</sup>ī suk<sup>h</sup> satgur dev man parse.

I have obtained the glorious greatness of Name of God from the True Guru; beholding the Divine True Guru, my mind is at peace.

Ha°o jīvā ha°o jīvā satgur dekḥ sarse. ||2||  
I live, I live, and I blossom forth, beholding the True Guru. ||2||

Ko°ī āṇ ko°ī āṇ milāvai merā satgur pūrā rām.  
If only someone would come, if only someone would come, and lead me to meet my Perfect True Guru.

Ha°o man ṭan ha°o man ṭan devā ṭis kāt sarīrā rām.  
My mind and body, my mind and body - I cut my body into pieces, and I dedicate these to Him.

Ha°o man ṭan kāt kāt ṭis de°ī jo satgur bachan suṇā°e.  
Cutting my mind and body apart, cutting them into pieces, I offer these to the one, who recites to me the Words of the True Guru.

Merai man bairāg bhā°iā bairāgī mil gur darsan sukḥ pā°e.  
My unattached mind has renounced the world; obtaining the Blessed Vision of the Guru's Darshan, it has found peace.

Har har kirpā karahu sukḥ°dāte deh satgur charan ham dhūrā.  
O Lord, Har, Har, O Giver of Peace, please, grant Your Grace, and bless me with the dust of the feet of the True Guru.

Ko°ī āṇ ko°ī āṇ milāvai merā satgur pūrā. ||3||  
If only someone would come, if only someone would come, and lead me to meet my Perfect True Guru. ||3||

Gur jevad gur jevad dātā mai avar na ko°ī rām.  
A Giver as great as the Guru, as great as the Guru - I cannot see any other.

Har dāno har dān devai har purakḥ niranjan so°ī rām.  
He blesses me with the gift of the Lord's Name, the gift of the Lord's Name; He is the Immaculate Lord God.

Har har nām jinī ārādhī°ā ṭin kā dukḥ bharam bhā°o bhāgā.  
Those who worship in adoration the Name of the Lord, Har, Har - their pain, doubts and fears are dispelled.

Sevak bhā°e mile vadbhāgī jin gur charnī man lāgā.  
Through their loving service, those very fortunate ones, whose minds are attached to the Guru's Feet, meet Him.

Kaho Nānak har āp milā°e mil satgur purakḥ sukḥ ho°ī.  
Says Nanak, the Lord Himself causes us to meet the Guru; meeting the Almighty True Guru, peace is obtained.

Gur jevad gur jevad dātā mai avar na ko°ī. ||4||1||  
A Giver as great as the Guru, as great as the Guru - I cannot see any other. ||4||1||

